

- REIMAGINING CONSERVATION EDUCATION -

OVERVIEW

Wednesday November 16		
Time	Activity	
5:00 -7:30 pm	EARLY Arrive & Register	
6:00 pm	Dinner and Networking	
7:00 pm	Social & Free Time	
8:00 pm	Night Bike or Hike!	

Thursday November 17		
Time	Activity	
7:30 am	Morning Hike - optional	
8:30 am	Breakfast	
9:30 am	Arrival & Registration	
10:00 am	Welcome & Intro	
10:20	WAAT !!!	
12:00 pm	Lunch	
1:00 pm	Session A	
2:30 pm	Break	
2:45 pm	Session B	
4:15 pm	Sharing Session	
5:00 pm	Free Time	
6:00 pm	Dinner & WIN Awards	
8:00 pm	Jeopardy / Night Hike Share	
9:00 pm	Social & Campfire	

Friday November 18		
Time	Activity	
7:30 am	Storyboard Hike - optional	
8:30 am	Breakfast	
9:15 - 10:00 am	Sharing Session or	
9:30 - 11:30 am	Session C	
10:00 am	Break	
10:15 am	Session D	
11:45 - 12:45 pm	Lunch & Closing	



DETAILED SCHEDULE

	Legend
Indoor Session	
Outdoor Session	
Indoor/Outdoor Session	
*** Sign Up Required (limited number of participants)	

Wednesday November 16		
Time	Activity	
5:00 - 7:30 pm	Early Arrival and Registration	
6:00 pm	Dinner & Networking	
7:00 pm	Social & Free Time: (Bonnie Anderson to share Plants with Purpose program)	
8:00 pm	Night Bike or Night hike - hosted by Ganaraska Forest Centre Staff	

Thursday November 17	
Time	Activity
7:30 am	Morning Hike - Optional
	Meet at:
8:30 am	Breakfast
9:30 am - 10:00 am	Arrival & Registration
10:00 am	Welcome Land Acknowledgement Introduction to Ganaraska Region Conservation Authority & the Forest Centre Meet at:



		cont'd Thursday November 17		
10:20 am - 12:00 pm	Reframe / Reimagine / Regenerate WAAT !!!			
	Meet at:			
12:00 pm	Lunch & Networking			
1:00 pm - 2:30 pm	SESSION A:			
	Session A1	Session A2		
	Regenerate Mishkiki for Seven Generations (Brad Howie, Conservation Halton) Meet at:	Reframe Get the Fire for Climate Change under control (Bonnie Anderson, Simcoe County District School Board) Meet at:		
2:30 pm - 2:45 pm	Break			
2:45 pm - 4:15 pm	SESSION B:			
	Session B1 Session B2			
	Regenerate Hope in Environmentalism *** (Keren Bromberg, Credit Valley Conservation) Meet at:	Reframe Wetlands in Winter, What's up with that? (Denise Iszczuk, Ausable Bayfield Conservation Authority) & Reimagine Stewarding our Wastewater, in urban and rural places (Jen McCallum, Ontario Onsite Wastewater Association) Meet at:		
4:15 pm - 5:00 pm	SHARING SESSION Meet at:			
5:00 pm	Free time & Networking			
6:00 pm	Dinner & WIN Awards Ceremony (<u>W</u> atershed <u>I</u> nterpreter's <u>N</u> etwork)			
7:30 pm	Jeopardy or Night Hike - Share Style!			
9:30 pm	Social & Campfire			



Friday November 18				
Time	Activity			
7:30 am	Storyboard Hike - optional			
	Meet at:	Meet at:		
8:30 am	Breakfast			
9:15 am- 10:00 am	SHARING SESSION		SESSION C:	
	Meet at:		Regenerate	
10:00 am	Break		Forest Therapy Walk *** (Stana Luxford-Oddie, Cataraqui Region	
10:15 am - 11:45 am	SESSION D:			
	Session D1	Session D2	Conservation Authority)	
	Regenerate	Regenerate	Note: this is a two hour session (9:30-11:30)	
	Learning on and from the Land (Ian Shanagan, Green Teacher) Meet at:	Extreme Weather (Gus Sauer, Ganaraska Region Conservation Authority) & Branching Out (Madeline Bray, Forests Ontario) Meet at:	Meet at:	
11:45 am - 12:45 pm	Lunch & Closing			



SESSION DESCRIPTIONS

SESSION A:

A1: Mishkiki for Seven Generations

Under the subtheme of regenerate, this session will be a walk through the woods discussing Anishinaabe mishkiki 'medicine', connection to the Natural world, and sustainability. On this walk we will explore 7 different medicines, which can affect more than just your physical body. We will discuss the seven generations teachings and our relationship with 'resources'. We will talk about our medicine bundles. As a proud Mukwa ndodem 'bear clan' man, I love to share teachings about our medicine.

A2: Get the Fire for Climate Change under Control

How to share the opportunities for learning about climate change with primary students. How to deal with climate anxiety and create a great hope for the future. See a different opportunity to make a difference.

SESSION B

B1: Hope in Environmentalism ***

Hope requires a sense of connection to the future. As environmental educators and watershed interpreters, we frequently work with youth, which grants us the opportunity to teach "future leaders." But what impression does this leave on the minds and hearts of young people and us as educators? Like grief, despair must be acknowledged and worked through. Join Keren for an introduction to hope in environmentalism and take home some activities to address this topic in your programs.

B2: Wetlands in Winter, what's up with that?

Did you know that World Wetlands Day is February 2? How do you teach about wetlands when there is snow on the ground? This interactive program will take you on a walk about wetland games and activities for junior-level students. Reframing activities for a colder time of year and getting students outside while appreciating the wonderful world of wetlands. Moreover, learning about wetlands in winter can inspire citizen science, restoration and enhancement projects for the spring!

B2: Stewarding our wastewater, in urban and rural places

This presentation will discuss wastewater management and treatment, including both municipal and rural, with a focus on septic systems for rural residents. An interactive tabletop model septic system will be present as an educational tool for discussing onsite sewage treatment, including the components of a septic system and how wastewater moves throughout the system. I will discuss how we can steward our wastewater through best practices, to ensure that our wastewater treatment systems (both onsite and municipal) function properly. Well maintained and properly managed wastewater treatment systems are important for human health and our waterways, and teaching kids to be part of the solution empowers the next generation of environmental leaders.



SESSION C:

C: Forest Therapy Walk ***

Forest Therapy is a research-based framework for supporting healing and wellness through immersion in forests and other natural environments. Forest Therapy is inspired by the Japanese practice of "Shinrin-Yoku" that translates into Forest Bathing. Forest Therapy is a gentle guided experience with the opportunity to relax and reconnect in nature. It is a practice that supports every aspect of our well-being. There are many wonderful health benefits attributed to Forest Therapy including boosted immune function, attention restoration and a reduction in stress and depression. The aim of Forest Therapy is to connect through your senses with the forest, yourself, and others. Invitations and opportunities to share will be offered throughout the experience, and you are meant to partake in any way that feels comfortable for you, all is welcome during a Forest Therapy Walk. Stana is the Guide and "The Forest is the Therapist and the guide opens the door to the senses." For more information on Forest Therapy, please visit the Association of Nature and Forest Therapy Guides website for more information: www.natureandforesttherapy.earth

SESSION D:

D1: Learning on and from the Land

An important component of effective climate change education is land-based learning, where learners engage with local nature in hands-on ways. While such learning doesn't directly impact the critical mitigation efforts required to avoid dangerous climate tipping points, it is essential that learners forge meaningful relationships with nearby flora and fauna so that nature is integrated into their core values and sense of self. In this interactive sense, we will explore the surrounding landscape and seek ways to emotionally bond with our other-than-human kin.

D2: Extreme Weather

Gus Sauer, Forester at the Ganaraska RCA, along with Ryan Goodall, Outdoor Education Instructor, will give a summary of the large storm event that occurred in May 2022, its implications to the organization, tour the destruction that was caused and the clean-up procedure involved. This walking tour will go through sustainable logging practices, the succession of a plantation forest over 85 years with logging as the primary tool utilized to speed up changing the landscape back to a natural and healthy mixed hardwood stand.

D2: Branching Out - a look at forests and forest education tools

This session will explore various ways to interpret the forest, both its contents and the entirety of the ecosystem, and will delve into leafless tree ID and some tools that may be handy for your own forest explorations.

OTHER SESSIONS: (involving the whole group)

Sharing Session

Bring your favourite indoor/outdoor ACTIVITY or GAME or IDEA to share with other participants! This is an informal session. Peer to peer learning is an invaluable part of REKINDLE!



WAAT! ('What Awesome Astounding Teamwork')

WAAT are we going to do?! The Amazing Race Ganny style! This whole group session involves breaking into small teams to complete a variety of different challenges; some based on the themes of this conference, as well as physical and mental challenges we include in all Amazing Races we operate at the GFC (Ganaraska Forest Centre). This is an amazing way to meet new people, be physically active, test your problem solving skills and learn about a fun program you can adapt to your own CA's or Education Centres.